

# Long Island Adventist Youth Federation

## HEARTBEAT

### From the President's Desk

#### Special points of interest:

- To assist youth in cultivating a personal relationship with the Lord
- To obtain ongoing education regarding youth ministry
- To serve God with talents and time
- To capture the vision of proclaiming the name of Jesus



### MISSION

To inspire, train, foster and empower the spiritual growth of our youth through Jesus Christ.

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#### Thought for the Quarter:

Talents will get you there however character will keep you there. ...

Monique Euell

We are so diverse...yet we are the same. I respect you...you respect me. I represent Christ...you do the same...and they'll know we are Christians by our love.

Long Island Youth Federation is maintaining its own ... and sticking by its motto of being renewed and re-energized ... about one mission and one purpose.

The task has not become more manageable, and the challenges we face as youth have not become easier to bear. But I take hope and pride in the fact that our youth are being victorious in many facets of their lives and are definitely proving God. He has promised... and Youth all over Long Island are claiming those promises. The testimonies that are shared are so powerful...all we can do is encourage, and commit our youth to prayer daily, that they will hold on to God's unchanging hands.

We are in your corner when, and even when, you do not need us. We remain resolute in the fact that He that shall come will come quickly and we are getting ready for that grand ceremony.

Plans are currently in high gear for our Rally Day. This year, it will be on August 20-21 at Ebenezer SDA in Freeport. Please plan your summer vacation accordingly.

Let us press on for the prize. Unity is not division. Unity is strength. Unity is an undivided or unbroken completeness or totality with nothing wanting. Unity is a positive, practical and progressive approach to Christianity based on the teachings of Jesus and the power of prayer. We are indeed...United by Design...*and not by choice.*

*Natalie Hemmings-Noble*

I can't keep myself so God keep me. I can't save myself so God save me. Monique Euell

## 1st Quarter HIGHLIGHTS

### Nebuchadnezzar Lives

Imagine you are a secret operative – a spy. Your mission is to uncover a fiendish plot against the youth of America. They are being systematically programmed with subliminal messages, evil messages that cause them to turn away from God and pledge their allegiance to Satan. This plot is so pervasive, so sinister, and so carefully orchestrated that no one knows the full extent of this diabolical onslaught against the youth. As you weave your way through this maze of intrigue and espionage, you discover that the medium used to subvert the minds of the youth is one the one thing no one would ever suspect – the entertainment world. Music, videos, movies, and fashion have been manipulated to such a degree that no one sees the hidden, Satanic messages, except for you. You've discovered the key in deciphering and interpreting the evil hidden messages and you report to your superior only to find that they too have been brainwashed. So now it's just you against the entertainment industry. How do you set out to warn the youth and parents everywhere about this fiendish, hellish plot.

Sounds like something right out of movies, right? Well, it actually has been happening for hundreds of years. It has “creep in unawares” and God is calling the youth to earnestly contend for the faith of God in the midst of this Babylonian uprising. Andre Ricketts from Linden SDA joined us for Friday Night, Live! On February 12 at the Bethany SDA Church in Westbury, NY and shared with us the truth behind major record labels and other artist, and a video presentation. Some of the points of discussion were “Where did this evil in music originate from?”, “What is the purpose of it?”, “Are Inspirational songs okay?”, “What’s the best genre of music to listen to?”, and “Why are music artistes like Beyonce, Rhianna, Chris Brown, Lil Wayne, Drake and Niki Minaj not encouraged to be listened to?” These talking points were so revealing and riveting that a follow-up program was planned for April at the Gordon Heights SDA Church. It is amazing the things we see when the scales have fallen off our eyes! We also learned that this satanic conspiracy permeated the highest office in the land! If you missed the presentation, please make it your duty to come out in April for the follow up program. You'll never listen to music or see modern-day fashion the same way ever again. Let us stay united by truth – God's truth. See you them!

### The Joseph Experience



The rain came, trees swayed, roads flooded and it was cold, yet the young people turned out at Central Islip for Evangelistic Weekend where they waited with bated breath through praise and worship, testimonies and give away time to hear Pastor Cornelius Wesley. Pastor Wesley focused on the young man Joseph in his three part presentation.

Friday night saw us being taken to Canaan to visit Joseph at his father's home where he was the favored and honored child with a vision. We saw him being led away after being sold by his brothers. We were left wondering where we were going to be led when he finished on Friday night. Individuals who were going to miss Sabbath's Divine Service knew they were going to miss a lot. And they did as the Pastor continued to lead the youth into Joseph's life in his new land and how he stood up for the God his father had taught him about. Then Saturday night came and it was still raining but the young people came back for more. Saturday night was a happy night as Joseph triumphed through God in Egypt and saw God working in his life through the fulfillment of his dreams

Once again the youth were exposed to the fact that a life lived for God is the only life that their dreams could come through when they allowed God to work for them and in His time. They left that weekend knowing that they were God's property and that He can use them for His purpose wherever and whenever. Rainstorm and all, the

## Inspiration

### “The Unity of Diversity”

“And I, if I be lifted up from the earth, will draw all men unto me.” John 12:32

As we embark on the tenth year of the third millennium, we are faced with the challenge of recognizing that while our faces differ, we have so much in common. The human race has stopped dead in its tracks because it cannot decide if it wants to move forward together or in pieces. The irony is that in order to move forward, it has to move together as one unit and not in separate factions. Jews against Muslims, Whites against Blacks, males against females, rich against poor, youth against adults, and the list goes on. Well, last time I checked, the gospel of Jesus Christ calls everyone to accept the free gift of salvation of God through Jesus Christ so that we may all come in to the unity of the Holy Spirit. But we (the human race) can't seem to get passed the idea that God isn't calling people who are the same to heaven, but instead is calling people that are different to be the same so that they can go to heaven. How, you may ask? Well, it's pretty simple when you think about it, God originally created us in His image. That's not to say a physical image but a spiritual one. However, sin made us all collectively look the same but different than what God created us to be. So, spiritually speaking, we all look the same because of sin. God is calling us to bathe ourselves in the blood of the Lamb of God which is Jesus Christ and be restored to the glory in which He first created us. So in the end, when all of life is over and our work on earth is done, there will be those who look different on the outside but are unified by what they have on the inside – Jesus Christ, the hidden man of the heart. What a wonderful and glorious tapestry of grace and mercy to behold!

## AY Spotlight

### “Youth Week of Prayer - Ebenezer ”

When the Ebenezer SDA Church members were told that they were going to have Youth Week of Prayer, people's reaction were different. No one ever dreamed that young people were going to be out in such numbers and not wanting to go home for school the next day. Neither were they ever dreaming that the youth of the church would have learnt so much. When Pastor Cornelius Wesley was asked to do Sunday night March 21, he never realized that he would be the shepherd of the young people for the remainder of the week.

Not only did the minister bring to the minds of the youth that they were not to worry, but that all things work together for good to them that love Him. They learnt to leave things to the Lord. They have been testifying of the workings of the Lord in their lives. This was a wonderful God given week of blessings that the youth of Ebenezer will not soon forget. May God continue to bless the ministry of Pastor Cornelius Wesley and keep the young people of Ebenezer and those who came and were blessed by Him. Preserve them O Lord for your service and draw others closer to you.



## Health Corner

### Diabetes

God desires us to reach a standard of perfection made possible for us by the gift of Christ. He calls upon us to make our choice on the right side, to connect with the heavenly agencies, to adopt principles that will restore in us the divine image (Counsels on Diet and Foods pg 16 #2). A failure to care for the living machinery is an insult to the creator (Counsels on Diet and Foods pg 16 #5). One reason why we do not enjoy more of the blessings of the Lord is, we do not heed the light which He has been pleased to give us in regard to the laws of life and health (Counsels on Diet and Foods pg 16 #6). Beloved, I wish above all things that thou may prosper and be in health, even as thy soul prospereth. 3 John 1

#### Diabetes ...The Who, What, and Why?

Diabetes, the most common disorder of the endocrine (hormone) system, occurs when blood sugar levels in the body consistently stay above normal. It affects more than 26 million people in the U.S. alone. Insulin is a hormone produced by the pancreas to control blood sugar. Diabetes can be caused by too little insulin, resistance to insulin or both.

Three common types of diabetes are:

**Type 1**- Occurs because the insulin producing cells (beta cells) are destroyed by the immune system. People with this type must use daily insulin injections. Type 1 usually occurs before the age of 20 but can occur any time.

**Type 2**- The body continues to make insulin but may decrease overtime. The insulin produced with type 2 is either not enough or not recognized by the body. This becomes a problem because there is no insulin to carry glucose to the cells of the body. It is also caused by obesity and a lack of exercise.

**Gestational diabetes**- The third type is high blood glucose that occurs during pregnancy because of the effects of hormone changes on the bodies ability to use insulin. If untreated , it can cause complications to the mother and unborn child.

#### How can you manage your diabetes?

*Look out for the answer in our next issue....*

## Upcoming Events

- ◆ 2nd Weekend Evangelism, - Macedonia/Uniondale—May 14– 15,2010
  - ◆ Friday Night Live, June 11,2010
  - ◆ Weekend Evangelism, July 9-10,2010
  - ◆ Olympics , Connecticut—July 18,2010
- ◆ Rally Weekend—Ebenezer—August 20-21,2010



*Did you know that Long Island Youth Federation has a new website? Check us out at [www.myliyf.org](http://www.myliyf.org)*

If there are any AY societies that would like to submit an article of an event that has taken place in their church, please contact the Public Relation Coordinator, Latoya Benjamin ([longislandfederation@gmail.com](mailto:longislandfederation@gmail.com))

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